

Spirituality: thinking outside the box.

Imagine a box.

Imagine you are looking straight at one side of the box.
You might say it looks like a rectangle: two-dimensional.

You must go round the side to see that it has depth to it: three dimensional.

When you think about it, there is an expectation that if you look again, the same box will be there a few moments later. This means it had a fourth dimension: time.

This fourth dimension tends to be overlooked when describing what we perceive.

It is a pre-condition of existence, nonetheless.

Time may be perceived as non-linear, cyclical, helical or bounded.

Imagine then, all four dimensions.

You must 'go round the side' of them all to perceive a further dimension,
the spiritual one.

Like depth perception, the fifth dimension requires us to look in a different way,
to be aware in a different way,
of what is 'outside the box'.

Why is the box there, in this context?

What is its meaning and purpose, and how can that be known from our limited
viewpoint? These are spiritual questions.

They require a paradigmatic shift in our thinking and behaviour.

Just as we can represent a box (4 dimensions if you include time)
via a photograph (3 dimensions, on the same principle)
humanity has attempted to represent spirituality using symbols,
many of which have been adopted by religion, and conveyed via all means available to
us (including verbally, graphically, musically, dramatically, numerically and
metaphorically) but there remains much more 'round the side'.

Spirituality is about what is beyond, mystery, and we touch at the corners.